



Well Being

## THE FULL SPECTRUM HEMP REVOLUTION

By now you've probably heard about CBD, or full spectrum hemp oil. It's everywhere right now. And for good reason. CBD and full spectrum hemp oil are helping a lot of people, like yourself, who deal with a variety of health challenges. Finding a good, quality, source of CBD is another story all together. Enter: Gaia Herbs Hemp Products!

We are excited to introduce two new Hemp products from Gaia Herbs:  
Hemp Full Spectrum Extract 10 mg & Hemp Full Spectrum Extract 20 mg!

What is the difference between "Full Spectrum Hemp" and CBD?  
CBD refers to only one compound found in Hemp, and is an isolate. Full Spectrum Hemp reflects the plant as found in Nature and can feature multiple compounds.

Gaia Herbs Full Spectrum Hemp extracts are golden in color due to the unique extraction process. Our product has a light texture with a pleasant floral aroma. Other brands of Hemp products are brownish in color and can coat the mouth with an unpleasant taste, leaving a waxy texture on the tongue.

No compromises on quality, sourcing and efficacy:

- ✓ Full Spectrum extract using American Hemp flower grown in the field as Nature intended.
- ✓ Made with Hemp flowers, which are known to be the main source of cannabinoids, as compared to other parts of the Hemp plant.
- ✓ Our Full Spectrum Hemp oil contains a wide array of cannabinoids, representing the beneficial synergy naturally found in the Hemp plant.
- ✓ With Organic Hemp seed oil to complement our Hemp flower extract.
- ✓ Thoroughly screened and tested for impurities and toxic solvents, with test results and sourcing information available on [meetyourherbs.com](http://meetyourherbs.com), the world's first herb traceability platform.
- ✓ Our Full Spectrum extract contains less than 0.2% THC.
- ✓ From the leading herbal company people have loved and trusted since 1987.



## AMERICAN GROWN

There are many Hemp products sold in America today. Because of previous federal laws governing Cannabis cultivation, there is little Hemp grown commercially in this country. As a result, many Hemp products on the market are made with foreign-grown Hemp. Gaia Herbs is one of the few companies today using USA-grown Hemp flowers, which allows our scientists to control and regulate the quality of our ingredients, while also supporting\* U.S. farmers.

\*Support for Small Farms Gaia Herbs will donate a portion of the proceeds from the sales of our Hemp products to support U.S. family farmers.

Phone:  
(602) 252-6000

Address:  
6029 N 7th Street  
Phoenix, AZ 85014

Store Hours:  
Monday-Saturday: 9:00 a.m. - 6:00 p.m.  
Sunday: 11:00 a.m. - 5:00 p.m.



## READY, SET, FLU SEASON!

The fall season brings great gifts to The Valley of the Sun, not the least of which are cooler temperatures! And you can be sure with the drop in mercury, and kids returning to school, that cold & flu season won't be close behind!

### OSHA ROOT ROCKY MOUNTAIN THROAT SYRUP™

is a powerful cough syrup that soothes and comforts throat tissues. The formula promotes sinus, throat, bronchiole and lung health. Some of the benefits of this comforting elixir:

- ✓ Opens up the sinuses and relieves sinus pressure\*
- ✓ Thins mucus so it is easily removed from the lungs\*
- ✓ Opens bronchiole airways\*
- ✓ Stops the urge to cough\*



### WHAT IS OSHA?

You're probably asking yourself, what the heck is Osha? Simply put, Osha (*Ligusticum porteri*) is a wonderful herb that grows in the Southwestern United States. The part harvested and used in herbal medicine is the root. It's been relied on for centuries by local and indigenous cultures to support their respiratory and immune health.

Herbs, Etc. is concerned about the long-term viability and sustainability of medicinal herbs, which is why for over 45 years, Herbs, Etc. has been purchasing Osha roots and many local herbs from Northern New Mexico families. Herbs, Etc. believe that buying herbs from these families ensures that their wildcrafting legacy will remain a strong component of Northern New Mexico's traditions. For many of these families, the income generated from harvesting herbs is an integral element of their livelihood.

### VEGAN. GLUTEN FREE.

#### SUGGESTED USE:

- Adults and Children 12 years of age and older: Take 1 teaspoons every 3 hours.
- Children 5-12 years of age: Take 1/2 teaspoon every 3 hours.
- Children 2-5 years of age: Take 1/4 teaspoon every 3 hours.
- Children younger than 2 years of age: Consult a healthcare provider before using.

**CAUTION:** Do not use during pregnancy.

\*This statement has not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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